Fundamental Techniques of Evaluation and Management for the Spine — Level II

ATHLETIC TRAINING & SPORTS MEDICINE

ATHLETIC TRAINING CONTINUING EDUCATION PROGRAM

July 13, 2009 – July 15, 2009

The Jack Breslin Student Events Center

Michigan State University
Program Description

The workshop is designed to provide fundamental knowledge of clinical techniques used in the identification and management of structural pathologies of the rib cage, cervical spine and extremities. The program includes didactic classroom work that is integrated with extensive “hands-on” experiences. The focus of the educational sessions is on the application of clinical techniques to be used in the athletic training room for the identification and management of structural pathology of the spine and pelvic girdle. The objectives of the course are:

1. To describe the principles and techniques for the structural evaluation of the spine for practicing athletic trainers.
2. To learn and practice the principles and techniques of layer palpation, segmental vertebral motion and vertebral dysfunction.
3. To learn and practice the principles of musculoskeletal screening for structural pathologies in the rib case, cervical spine and extremities.
4. To learn and practice muscle energy techniques to correct structural dysfunctions of the rib case, cervical spine and extremities.

Text Books:

Faculty

Dave Carrier, MS, ATC – Adjunct Faculty in the Department of Kinesiology. Athletic Trainer Spartan Ice Hockey.

Jennifer Gilmore DO – Assistant Professor in the Department of Osteopathic Manipulative Medicine in the Michigan State University College of Osteopathic Medicine and Team Physician for Spartan Ice Hockey.

Jeffrey Kovan, DO - Assistant Professor in the Department of Physical Medicine and Rehabilitation in the Michigan State University College of Osteopathic Medicine and Director of Sports Medicine.

Lawrence Nassar, DO, ATC – Assistant Professor in the Department of Osteopathic Manipulative Medicine in the Michigan State University College of Osteopathic Medicine, USA Gymnastics Team Physician and MSU Team Physician.

Sally Nogle, PhD, ATC – Adjunct Faculty in the Department of Kinesiology, Associate Head Athletic Trainer for MSU Athletics and Athletic Trainer for Spartan Football.

John Powell PhD, ATC – Associate Professor Departments of Kinesiology and Physical Medicine and Rehabilitation in the Michigan State University College of Osteopathic Medicine, Director of Graduate Studies in Athletic Training and Athletic Trainer for Spartan Wrestling and Swimming.

Jake Rowan, DO, Assistant Professor in the Department of Osteopathic Manipulative Medicine in the Michigan State University College of Osteopathic Medicine

Limited Spaces Available, So Register Today!

Tuition: $395
Continental breakfast, lunch and snacks included.
Does not include hotel accommodations

Conference Registration deadline is July 6, 2009
REGISTRATION
Fundamentals of Spinal Evaluation and Management for Athletic Trainers
July 13, 2009 – July 15, 2009
(NATABOC 22 Contact Hours)

Name:______________________________________________________________________________________
Address: _____________________________________________________________________________________________
City_______________________________________________State____________________Zip______________________
Institution:___________________________________________________________________________________________
Business Phone:_____________________________________________________________________________________
FAX:________________________________________________________________________________________________
Email Address:______________________________________________________________________________________
NATA Membership #_________________          NATABOC Certification # _______________

Check Payment:  Make Checks Payable to:  Michigan State University
Check Amount:_____________/Check Number:_____________

If more than one person is attending and being paid for in one payment, please complete an additional registration form for each person. Registration begins at 8:00 AM on Monday, July 13 with the Educational Session beginning at 8:30 AM. The course will conclude on Wednesday, July 15 at 2:00 PM. Inquires should be directed to:

John Powell (powellj4@ath.msu.edu 517-432-5018) or Dave Carrier (carrier@ath.msu.edu 517-353-4564)

REGISTER BY PHONE: Call at 517-353-3866 between 8:00 AM & 2:30 PM daily. Have your NATA Membership # and NATABOC Certification # ready when you call.

Credit Card Payment:
Type of Card:   American Express   MasterCard   Visa   Discover
Name on Card: ___________________________ Amount $__________
Billing Address: ___________________________
City: ___________________________ State: ________ Zip: ___________
Credit Card Number: ____________________ PIN_______ Expiration Date ____/____

Spartan Athletic Training
www.athletictraining.msu.edu
Spartan Sports Medicine
www.healthteam.msu.edu/clinics/sportsmedicine/
AREA HOTEL/MOTEL ACCOMODATIONS

There are numerous accommodations on or near the MSU campus. You can go to the following websites to find details regarding rates and availability.

Hotels and Local Information
http://ctlr.msu.edu/COtravel/hotels_MajorCity.aspx

MSU Kellogg Center: on-campus facility with full dining and catering facilities
Online Reservations at http://www.hfs.msu.edu/kellogg/

Candlewood Suites-East Lansing on-campus facility on the West Golf Course.
Online Reservations at http://www.ichotelsgroup.com/h/d/cw/hd/lanmu

Locate Accommodations with the East Lansing Home Page
http://www.cityofeastlansing.com/

If you have questions or need assistance in selecting accommodations, please contact us at 517-432-5018 or powellj4@ath.msu.edu

Jack Breslin Student Events Center

Please MAIL or FAX Registration Materials to:
John W. Powell PhD, ATC
105 IM Sports Circle
Michigan State University
East Lansing MI 48824
Office Phone: 517-432-5018
FAX: 517-353-2944
Email: powellj4@ath.msu.edu

Spartan Athletic Training
www.athletictraining.msu.edu
Spartan Sports Medicine
www.healthteam.msu.edu/clinics/sportsmedicine/