

E-STIM KICK OFF MEETING  
September 7, 2008 7PM  
309 Jenison

**Please put away/shut off all cell phones at the beginning of the meeting.**

Welcome Everyone

-Opening video: **Amanda crashes cart**

-Opening remarks by E-STIM President, Amanda Leyrer: **Board members include: President: Amanda Leyrer; Vice President: Justin Rodgers; Secretary: Katie Forsyth; Treasurer: Mike Hodde; Web and tech: Nick “the fish” Antonelli**

Membership Benefits

-E-STIM Vice President, Justin Rogers: **get great info you may not get in class; speakers; food! ; gift if in good standing at end of year (possibly athletic training pocket size book for kit); athletic training application booster for those applying to the program; great to put on resume; discounts on clothing and special events; help with studying (Wednesday night study session after senior 427 class in RBRm and quiet study in 309); social events like broomball/ AT bonding!!**

-50/50 Scholarship: E-STIM Treasurer, Mike Hodde,;

Attendance Policy Changes

-E-STIM President, Amanda Leyrer : **allowed one un-excused absence, discuss other absences w/ a board member on how to make it up. Ways to make up absence: community service (that we will be doing as an organization i.e. Ronald McDonald house, relay for life, etc.), make study guide for fellow athletic training students for your class, bring food to an E-STIM meeting, or just figure out something with a board member...no worries!!!**

**If you do not make up absence within 2-3 weeks you are on “probation”, which means: not allowed to attend E-STIM sponsored social events or get member discounts. If after this time absences are still not made up you will be kicked out of E-STIM. If it’s an issue making up an absence just contact an E-STIM board member to find a time to meet so we can figure something out. We want you here!**

Website Tour and Introduction

-E-STIM Web/Tech, Nick Antonelli: **<http://athletictraining.msu.edu/> On website: syllabi for all classes, scholarly journals, rehab ideas through different links, human anatomy, etc. Great links to explore! E-STIM portion of website will have minutes from previous meeting if you missed it, as well as other E-STIM updates and pictures of the cool stuff we do ☺**

Clothing Outlook and Design

-E-STIM Secretary, Katie Forsyth : **There will be a t-shirt available to purchase that can be worn for volunteer/fundraising events, and a sweatshirt we are hoping to get approved for athletic training room wear. Also, possibly doing an “I love my athletic training” shirt sale as a fundraiser. More to come on clothing, we’ll keep you posted.**

## Yearly Outlook and Events

-E-STIM Board : This is just a **TENATIVE ROUGH** outline

### **Tentative Schedule**

**August-** Welcome Week BBQ with Undergrads and new Gas

#### **Sunday, September 7<sup>th</sup>**

- Intro Meeting (include 126)
- Welcome
- Future of E-Stim
- Order Cloths
  - Due Sept. 20

#### **Week of September 15<sup>th</sup>**

- Al Bellamy Week
- Professional Athletics

#### **Sunday, September 28<sup>th</sup>**

- Cover letter/Resume Workshop
- Mock Interviews with staff members
  - Types of questions and what they look for in GAs/ jobs

#### **Sunday, October 12<sup>th</sup>**

- Old MATS questions/Jeopardy
- MATS prep

#### **Sunday, October 26<sup>th</sup>**

- MATS seminar
- E-STIM host other schools on the 25<sup>th</sup>

#### **Saturday, November 1<sup>st</sup>**

- Parent/Staff Tailgate vs Wisconsin game
  - Discount tickets?

#### **Sunday, November 9<sup>th</sup>**

- MRI/CT/X-ray Clinic by new fellows

#### **Friday, December 5<sup>th</sup>**

- Broomball

#### **December 8<sup>th</sup>-12<sup>th</sup>**

- Final Exams

### **Sunday, January 11<sup>th</sup>**

- MSU paid welcome back

### **Sunday, January 18<sup>th</sup>**

- Beginning of 3 days – 3 week seminar
- Brumm ME/Manual Medicine Intro

### **Sunday, January 25<sup>th</sup>**

- Dave Manual Medicine
  - Hips, Lowback, Upslips
  - Skate with lifts

### **Sunday, February 8<sup>th</sup>**

- Sally Manual Medicine
  - Upper Back and neck
  - Practice Time
  - PNF hand placements?

### **Sunday, February 22<sup>nd</sup>**

- Nominations
- Olympics Internship lecture
  - Sally, Dave, Brian, Nassar, Jer

### **March 9<sup>th</sup>-13<sup>th</sup>**

- Spring Break

### **Sunday, March 22<sup>nd</sup>**

- EMT, ER, spine board clinic
- EMT talk about how we can relate to them and help before they show up
- ER doc/nurse talk about what they see and how we help

### **Sunday, April 5<sup>th</sup>**

- Job Night?
- Brace Fitting?
- Hand over E-STIM to new board

### **April End of Year Banquet**

- Alum of the Year
- Open to all Alum?

### **May 4<sup>th</sup>-8<sup>th</sup>**

- Final Exams

### Closing Remarks, Dates, and Deadlines

-E-STIM President, Amanda Leyrer: Next meeting Sunday Sept 28<sup>th</sup> – resume, cover letter, and interview workshop. MATS (Michigan Athletic Training Society) seminar on Oct. 26<sup>th</sup>. We are hosting this year!!! Must win the MATS bowl on our home turf! Will be doing MATS bowl prep at upcoming meetings. Family tailgate for MSU vs Wisconsin FB game (chance for our families to meet some staff, see facilities, etc), more on this to come.

E-STIM DUES DUE BY SEPT 17<sup>th</sup>- application and \$ 20 to board member.

### Open Floor

\*This portion of the meeting should be conducted in a professional fashion. No swearing. No use of names.

-Questions?

-Comments?

-Concerns?